

Bent County Community Center (BCCC): Notice of Change in capacity and fitness protocols.

Effective 12.4.2020 the BC Community Center has adjusted our daily processes and protocols to comply with the current *Covid-19 Guidelines for Level "RED"*

1. **Fitness/Weight rooms:** 25% of capacity

- Fitness/Weight rooms max capacity is now 5 persons at a time**
- Visitors are strongly encouraged to call ahead (719.662.1235) to schedule a time to work out.
- "Walk in's" will only be allowed if the front desk staff confirms we have vacant/open space.
- One Hour workout session per person** unless the front desk confirms we have vacant/open space in the next hour.
 - **No Circuit training** allowed until further notice.
 - **No group training** (2 or more persons)
 - Please use one piece of equipment (machines; free weights; etc.) at a time. Family members are required to comply with this protocol.
 - Each person must workout out in an open "grid" to ensure they are allowing 6-8 feet for social distancing.
 - **Grid= (designated 6-8 ft space outlined in blue tape)** Each person should work out in their grid/space alone and when you are ready to move to another grid please ensure it is not occupied by another person.
 - Please wipe all equipment before and after use.
 - Face coverings must always be worn except when in the process of your individual workout. Once you depart the fitness/weight rooms a Face covering is mandatory.
 - *Individuals that refuse to comply with these guidelines will be restricted from entering the BCCC.*

2. **Gymnasium:** 25 % of capacity

- Maximum amount or persons in the gymnasium is 10.
- Face coverings are always required.**
- All BCCC equipment must be checked out at the front desk. (balls, etc.)
- No organized indoor group activities are allowed at this stage.**
- Individuals that refuse to comply with these guidelines will be restricted from entering the BCCC.*

We are asking all visitors to comply with these guidelines to ensure we can offer a safe fitness environment and remain in compliance with Colorado Covid-19 Guidelines.

Thank you for your cooperation. If you have concerns, please call 719.662.1235 and ask for Robert.

Robert Arguello

Director