



ADULT BASKETBALL RULES

1. This is an adult league so please do not bring children to games.
2. All teams must turn in team rosters and be registered at (www.BCcommunitycenter.org) by 4.14.22 to play in the league.
3. Players can be on one team roster at a time and if changing a team, they must sit out a full week.
4. There will be one division for both men's and women's leagues.
5. Schedules will be round robin and teams not playing must provide officials. (2 min)
6. Time> 2-20-minute halves/ running clock/ clock will stop for free throws and in the last 2 minutes for dead balls. Half time = 5 minutes/ OT= 3 minutes and stopping only in the in the final minute (free throws/ dead balls)

Fouls:

1. **Players are allowed (5) fouls.** Technical fouls count as personal fouls.
2. **Bonus Free throws** are granted upon the 7th team foul of each HALF.
3. **Time Outs**= 2 per team/ per half; and one per overtime. (non-accumulative)
4. **Intentional Fouls**= automatic 2 fouls + the ball. (ref's discretion)
5. **Technical Fouls**=
 - ✓ 1st Technical= Player sits the remainder of the game
 - ✓ 2nd Technical= Player is ejected from the League
6. **Time**> 2-20-minute halves/ running clock/ clock will stop for free throws and in the last 2 minutes for dead balls. Half time = 5 minutes/ OT= 3 minutes and stopping only in the in the final minute (free throws/ dead balls)
7. **Fighting/Altercations**= We are adults and for these adult leagues to continue and grow we need adult cooperation. We will not tolerate verbal or physical abuse during games at the BC Community Center. We help support many children, and our policy is simple. **ZERO tolerance.** Abuse of BCCC staff; players; or visitors will result in immediate restriction from the center and all events for one year minimum.
8. NO smoking; vaping; alcohol; drugs; or weapons are allowed on the premises of the BCCC.
9. NO dunking.

(**Note**> These rules are subject to change; as needed to maintain a safe and healthy environment for all players; staff; and visitors of the BCCC)

Robert Arguello
Director